Lesson Plan:  
**Day 8: 07/07/2010 – Gardening/Agricultural Day: “Plant a Plant”**

**Objectives:**
1. Students will learn how to identify different parts of a plant.
2. Students will learn how to identify different types of produce (root, leaf, flower, etc.).
3. Students will plant their own plant.

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| **Lesson 1: (60 min) Plant Anatomy** | - Review health benefits of fruits and vegetables.  
- Introduce students to the different parts of a plant  
  - Different parts of a plant produce different produce we eat.  
  - Hand out blank paper.  
  - Ask students to draw in and label each part of the plant along with the instructor.  
  - Give examples of different fruits and vegetables that derive from the different parts of the plant.  
  - Leaf, root, flower, etc.  
- Have students color in the different parts of the plant. | - Power point Presentation  
- Blank Paper  
- Pencils  
- Crayons |
| Activity 1: (20min)  
“Plant A Plant” | • Provide students with lentils/paper plates/paper towels/water.  
• Have students plant their own plant, one group at a time.  
• Designate an area for the plants to grow over the five week course.  
• Have students label their name on the plants.  
• Have students clean up the last five minutes of the activity. | • Paper Plates -small  
• Lentils  
• Paper towels  
• Water  
• Markers |
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| Activity 2: (30 min)  
Exercise Time! | • Have TAs take the students out side and continue the dance routine that will be presented to all the parents on the day of the graduation banquet. | • Song Handout |